

UNIVERSITY OF THE  
WEST of SCOTLAND

UWS

**Equality, Diversity,  
Inclusion and Wellbeing  
Calendar 2024-2025**

# Introduction

*"We are excited to further build on our collaboration with colleagues across the organization to deliver a consistent programme of events throughout the year and to achieve even higher engagement with our activities and campaigns. We are committed to continuing to deliver impactful EDI and Wellbeing focused activity to promote EDI and foster an inclusive environment. Make sure to have a look at our fantastic activity which ran throughout the 2023 – 2024 academic year on the last page of this calendar and to check the calendar regularly as we update it with new opportunities to participate and contribute to a culture that prioritises Equality, Diversity, Inclusion, and Wellbeing."*

Astrid Smallenbroek, UWS EDI Consultant

The calendar has been developed as a resource for UWS staff and students to demonstrate a visible and supportive role which is committed to respecting and celebrating diverse communities, cultures, and faiths.

This calendar provides details of some of the main religious festivals\*, major national and international days of celebration or memorial which reflect the diverse population of our staff, students and UWS community. The UWS Equalities team:

- Encourage good mental health and wellbeing.
- Support you in organising diversity and inclusion campaigns, events, and activities.
- Support planning across the academic year.

We also want to use this calendar to highlight a number of events organised by our staff Network Groups that will be taking place throughout the year. We are continually trying to improve the information we provide, therefore if you have any constructive feedback or suggestions, please don't hesitate to contact us. For equality related advice and enquiries or to learn more about any of our staff networks and events, contact the Equalities Team via email [equality@uws.ac.uk](mailto:equality@uws.ac.uk).

\*We focus further on the six major world faiths – Buddhism, Christianity, Hinduism, Islam, Judaism and Sikhism. This does not mean we do not recognise that there are many more faiths equally as important. We also recognise that a large proportion of our university community may have no religion or belief.



# Support at UWS

This calendar is intended to raise awareness and understanding of equality, diversity, inclusion, and wellbeing but we understand that some of the dates mentioned may be sensitive to some so have provided the following information on UWS support services should this be required.

## Employee Networks

Employee Networks provide peer support, guidance, and advice. They are open to all and welcome allies.

Contact [equality@uws.ac.uk](mailto:equality@uws.ac.uk) regarding the following:

- [BME Network](#)
- [Carer's Network](#)
- [Disability Action Network](#)
- [HighER Network \(Women's Leadership Development\)](#)
- [Liberty Network \(LGBTQ+\)](#)
- [Menopause Network](#)
- [Men's Head On Network \(Men's Mental Health\)](#)

Contact [equality@uws.ac.uk](mailto:equality@uws.ac.uk) for further information, support, signposting and advice. You can also follow us on Twitter @UWSequality for equality, diversity and inclusion news and information.

Staff can access support regarding health and wellbeing through our Occupational Health department. Contact [occupationalhealth@uws.ac.uk](mailto:occupationalhealth@uws.ac.uk).

## Colleague Support

UWS's Staff Employee Assistance Programme (EAP) Health Assured provides useful health and wellbeing information to all staff and their immediate family. You can instantly access free, confidential, personalised health and wellbeing advice and resources 24/7, 365 days of the year – contact the EAP by phone on 0880 028 0199 or online. Username: university Password: westscotland

Health Assured also offer:

- Webinars providing information and self-help guidance to support and educate on a range of issues.
- Bright TV – a monthly TV series, featuring well-known personalities talking about their personal experiences with mental health issues.
- A range of 4-week programmes to help with a variety of issues, such as sleep, healthy eating, and energy.
- Wellbeing Podcasts.
- Health checks.

In addition, all UWS colleagues and immediate family have access to telephone, online video, and face-to-face counselling.

## Student Support

UWS Student Services teams are ready to help with all matters of non-academic and student admin enquiries, and can help students access support services including Careers, Study Skills, Disability Services, Counselling, International Student Support and Funding and Money Advice.

See the [Student Support & Wellbeing page](#) on the UWS website or email [hub@uws.ac.uk](mailto:hub@uws.ac.uk). If you have a disability, a long-standing medical condition or have specific learning needs the [Disability Service](#) can help you make the most of your time at UWS.

Other UWS Support

- [Multifaith Chaplaincy](#)
- [Report + Support](#)
- [Care-experienced, Carer or Estranged Student](#)



# SEPTEMBER

#UWSequality Make a difference

**World Dementia  
Month**



<b>Sun 1</b>		<b>Mon 16</b>	
<b>Mon 2</b>	<b><u>Know Your Numbers</u></b> (Blood Pressure) Week (2nd – 8th)	<b>Tues 17</b>	
<b>Tues 3</b>		<b>Wed 18</b>	
<b>Wed 4</b>	<b><u>Menopause Staff Network</u></b> (15:00 – 16:00, online meeting)	<b>Thur 19</b>	
<b>Thur 5</b>	<b>Working Mothers' Day</b> <b><u>Disability Action Staff Network</u></b> (10:00 – 11:00, online meeting)	<b>Fri 20</b>	
<b>Fri 6</b>		<b>Sat 21</b>	
<b>Sat 7</b>		<b>Sun 22</b>	
<b>Sun 8</b>		<b>Mon 23</b>	
<b>Mon 9</b>		<b>Tues 24</b>	<b>Transgender Awareness Training</b> for UWS students (14:00 – 15:00, online) email <a href="mailto:equality@uws.ac.uk">equality@uws.ac.uk</a> to enrol
<b>Tues 10</b>	<b><u>World Suicide Prevention Day</u></b>	<b>Wed 25</b>	
<b>Wed 11</b>		<b>Thur 26</b>	<b><u>Men's Head On Staff Network</u></b> (15:00 – 15:45, online meeting)
<b>Thur 12</b>	<b><u>Recruitment Panel Chair Training</u></b> for UWS employees (14:00 – 15:30, online)	<b>Fri 27</b>	
<b>Fri 13</b>		<b>Sat 28</b>	
<b>Sat 14</b>		<b>Sun 29</b>	
<b>Sun 15</b>		<b>Mon 30</b>	

# OCTOBER

#UWSequality Make a difference

**Menopause Awareness  
Black History &  
Health Literacy Month**



<b>Tues 1</b>	<b><u>Equality Impact Assessment (EIA) Training</u></b> for UWS employees (14:00 – 15:30, Ayr Campus)
<b>Wed 2</b>	<b><u>Back Care Awareness Week</u></b> (2nd – 8th) <b><u>Menopause Employee Network</u></b> (15:00 – 16:00, online meeting)
<b>Thur 3</b>	<b><u>Disability Action Employee Network</u></b> (10:00 – 11:00, online meeting) <b><u>Let's Talk About Race Training</u></b> for UWS employees (14:30 – 16:30, Paisley Campus)
<b>Fri 4</b>	
<b>Sat 5</b>	
<b>Sun 6</b>	
<b>Mon 7</b>	<b><u>National Work Life Week</u></b> (7th – 11th)
<b>Tues 8</b>	
<b>Wed 9</b>	
<b>Thur 10</b>	<b><u>World Mental Health Day</u></b> <b><u>Introduction to Building Confidence in Equality, Diversity and Inclusion Training</u></b> for UWS employees (09:30 – 12:30, Paisley Campus)  <b><u>BHM Activity - Live recording of the UWS podcast Degrees of Freedom</u></b> , employees and students welcome (13:00 – 14:00, online)
<b>Fri 11</b>	<b><u>National Coming Out Day</u></b>
<b>Sat 12</b>	<b><u>National Hate Crime Awareness Week</u></b> (12th – 19th)

<b>Sun 13</b>	
<b>Mon 14</b>	
<b>Tues 15</b>	<b>World Students' Day</b>
<b>Wed 16</b>	
<b>Thur 17</b>	
<b>Fri 18</b>	<b><u>Show Racism the Red Card: Wear Red Day</u></b>
<b>Sat 19</b>	
<b>Sun 20</b>	
<b>Mon 21</b>	
<b>Tues 22</b>	<b><u>Recruitment Panel Chair Training</u></b> for UWS employees (14:00 – 15:30, Lanarkshire Campus)
<b>Wed 23</b>	
<b>Thur 24</b>	<b><u>Men's Head On Employee Network</u></b> (15:00 – 15:45, online meeting)  <b>BHM Activity – Screening of Channel 4 documentary Defiance</b> , employees and students welcome (12:00 – 14:00, <b><u>Ayr, Dumfries, Lanarkshire, London &amp; Paisley</u></b> )
<b>Fri 25</b>	
<b>Sat 26</b>	
<b>Sun 27</b>	
<b>Mon 28</b>	
<b>Tue 29</b>	
<b>Wed 30</b>	
<b>Thur 31</b>	

# NOVEMBER

#UWSequality Make a difference

**Islamophobia Awareness  
Movember, and  
Disability History Month**



<b>Fri 1</b>	
<b>Sat 2</b>	
<b>Sun 3</b>	
<b>Mon 4</b>	
<b>Tues 5</b>	
<b>Wed 6</b>	<b>Menopause Employee Network</b> (15:00 – 16:00, online meeting)
<b>Thur 7</b>	<b>Disability Action Employee Network</b> (10:00 – 11:00, online meeting)
<b>Fri 8</b>	
<b>Sat 9</b>	
<b>Sun 10</b>	
<b>Mon 11</b>	<b>Remembrance / Armistice Day</b> <b>Anti-Bullying Week</b> (11th – 15th)
<b>Tue 12</b>	
<b>Wed 13</b>	<b>Transgender Awareness Week</b> (13th – 19th)
<b>Thur 14</b>	
<b>Fri 15</b>	
<b>Sat 16</b>	<b>Disability History Month begins</b>

<b>Sun 17</b>	
<b>Mon 18</b>	<b>Self-Care Week</b> (18th – 24th) <b>Book Week Scotland</b> (18th – 24th) <b>Transgender Awareness Training</b> for UWS employees (10:30 – 12:00, online)
<b>Tues 19</b>	<b>International Men's Day</b>
<b>Wed 20</b>	<b>Suicide Prevention Workshop</b> for UWS employees (15:00 – 16:30, Ayr Campus)
<b>Thur 21</b>	
<b>Fri 22</b>	
<b>Sat 23</b>	<b>Carer's Rights Day</b>
<b>Sun 24</b>	
<b>Mon 25</b>	<b>16 Days of Activism against Gender-Based Violence</b> (25th Nov – 10th Dec)
<b>Tues 26</b>	<b>Gender-based Violence Workshop</b> for UWS employees (13:30 – 16:30, online)
<b>Wed 27</b>	<b>Gender-based Violence Workshop</b> for UWS students (13:30 – 16:30, online)
<b>Thur 28</b>	<b>Men's Head On Employee Network</b> (15:00 – 15:45, online meeting)
<b>Fri 29</b>	
<b>Sat 30</b>	

# DECEMBER

#UWSequality Make a difference

**Christmas  
Jumper Day**



<b>Sun 1</b>	
<b>Mon 2</b>	
<b>Tues 3</b>	<b><u>International Day of Persons with Disabilities</u></b>
<b>Wed 4</b>	<b><u>Menopause Employee Network</u></b> (15:00 – 16:00, online meeting)
	<b><u>Suicide Prevention Workshop</u></b> for UWS employees (15:00 – 16:30, Paisley Campus)
<b>Thur 5</b>	<b><u>Recruitment Panel Chair Training</u></b> for UWS employees (14:00 – 15:30, Paisley Campus)
<b>Fri 6</b>	
<b>Sat 7</b>	
<b>Sun 8</b>	
<b>Mon 9</b>	<b><u>Disability Action Employee Network</u></b> (10:00 – 11:00, online meeting)
<b>Tues 10</b>	
<b>Wed 11</b>	
<b>Thur 12</b>	<b><u>Christmas Jumper Day</u></b>
<b>Fri 13</b>	
<b>Sat 14</b>	

<b>Sun 15</b>	
<b>Mon 16</b>	
<b>Tues 17</b>	
<b>Wed 18</b>	
<b>Thur 19</b>	<b><u>Men's Head On Network</u></b> (14:00 – 14:45, online meeting)
<b>Fri 20</b>	
<b>Sat 21</b>	
<b>Sun 22</b>	
<b>Mon 23</b>	
<b>Tues 24</b>	
<b>Wed 25</b>	<b><u>Christmas Day</u></b> (Christianity)
	<b><u>Hanukkah</u></b> (Judaism) (25th Dec – 2nd Jan)
<b>Thur 26</b>	
<b>Fri 27</b>	
<b>Sat 28</b>	
<b>Sun 29</b>	
<b>Mon 30</b>	
<b>Tues 31</b>	

# JANUARY

#UWSequality Make a difference

**New Years' Day**



<b>Wed 1</b>	<b><u>New Years' Day</u></b>
<b>Thur 2</b>	
<b>Fri 3</b>	
<b>Sat 4</b>	
<b>Sun 5</b>	
<b>Mon 6</b>	
<b>Tues 7</b>	<b><u>Disability Action Employee Network</u></b> (14:00 – 15:00, online meeting)
<b>Wed 8</b>	<b><u>Menopause Employee Network</u></b> (15:00 – 16:00, online meeting)
<b>Thur 9</b>	
<b>Fri 10</b>	
<b>Sat 11</b>	
<b>Sun 12</b>	
<b>Mon 13</b>	
<b>Tues 14</b>	
<b>Wed 15</b>	<b><u>Equality Impact Assessment (EIA) Training</u></b> for UWS employees (10:30 – 12:00, online)

<b>Fri 17</b>	
<b>Sat 18</b>	
<b>Sun 19</b>	<b>World Religion Day</b>
<b>Mon 20</b>	<b>Blue Monday</b> <b><u>Introduction to and Building Confidence in Equality, Diversity and Inclusion Training</u></b> for UWS employees (13:00 – 16:00, online)
<b>Tues 21</b>	
<b>Wed 22</b>	
<b>Thur 23</b>	<b><u>Transgender Awareness Training</u></b> for UWS employees (10:00 – 11:30, online meeting) <b><u>Men's Head On Employee Network</u></b> (15:00 – 15:45, online meeting)
<b>Fri 24</b>	
<b>Sat 25</b>	
<b>Sun 26</b>	
<b>Mon 27</b>	<b><u>Holocaust Memorial Day</u></b>
<b>Tues 28</b>	
<b>Wed 29</b>	<b><u>Lunar New Year</u></b> <b><u>Suicide Prevention Workshop</u></b> for UWS employees (15:00 – 16:30, online)
<b>Thur 30</b>	
<b>Fri 31</b>	



# FEBRUARY

#UWSequality Make a difference

**LGBTQ+ History  
Month**



<b>Sat 1</b>	<b><u>World Hijab Day</u></b>
<b>Sun 2</b>	
<b>Mon 3</b>	
<b>Tues 4</b>	
<b>Wed 5</b>	<b><u>Menopause Employee Network</u></b> (15:00 – 16:00, online meeting)
<b>Thur 6</b>	<b><u>Time to Talk Day</u></b> <b><u>Recruitment Panel Chair Training</u></b> for UWS employees (10:30 – 12:00, online)
<b>Fri 7</b>	
<b>Sat 8</b>	
<b>Sun 9</b>	
<b>Mon 10</b>	
<b>Tue 11</b>	<b><u>International Day of Women and Girls in Science</u></b>
<b>Wed 12</b>	<b><u>Let's Talk About Race Training</u></b> for UWS employees (10:00 – 12:00, Lanarkshire Campus)
<b>Thurs 13</b>	
<b>Fri 14</b>	

<b>Sat 15</b>	
<b>Sun 16</b>	
<b>Mon 17</b>	
<b>Tues 18</b>	
<b>Wed 19</b>	
<b>Thur 20</b>	
<b>Fri 21</b>	
<b>Sat 22</b>	
<b>Sun 23</b>	
<b>Mon 24</b>	
<b>Tue 25</b>	
<b>Wed 26</b>	<b><u>Suicide Prevention Workshop</u></b> for UWS employees (15:00 – 16:30, Lanarkshire Campus)
<b>Thur 27</b>	<b><u>Men's Head On Employee Network</u></b> (15:00 – 15:45, online meeting)
<b>Fri 28</b>	<b>International STAND UP to Bullying Day</b>

# MARCH

#UWSequality Make a difference

**Ramadan (Islam)**



<b>Sat 1</b>	
<b>Sun 2</b>	
<b>Mon 3</b>	
<b>Tues 4</b>	
<b>Wed 5</b>	<b><u>Menopause Employee Network</u></b> (15:00 – 16:00, online meeting)
<b>Thur 6</b>	
<b>Fri 7</b>	
<b>Sat 8</b>	<b><u>International Women's Day</u></b>
<b>Sun 9</b>	
<b>Mon 10</b>	
<b>Tue 11</b>	
<b>Wed 12</b>	<b><u>Suicide Prevention Workshop</u></b> for UWS employees (15:00 – 16:30, Dumfries Campus)
<b>Thurs 13</b>	<b><u>University Mental Health Day</u></b> <b><u>Sign Language Week</u></b>
<b>Fri 14</b>	<b><u>Holi</u></b> (Hinduism)
<b>Sat 15</b>	
<b>Sun 16</b>	

<b>Mon 17</b>	<b><u>Nutrition and Hydration Week</u></b> (17th – 25th)
<b>Tues 18</b>	<b><u>Neurodiversity Celebration Week</u></b>
<b>Wed 19</b>	
<b>Thur 20</b>	
<b>Fri 21</b>	<b><u>International Day for the Elimination of Racial Discrimination</u></b>
<b>Sat 22</b>	
<b>Sun 23</b>	
<b>Mon 24</b>	
<b>Tue 25</b>	
<b>Wed 26</b>	<b><u>Recruitment Panel Chair Training</u></b> for UWS employees (10:30 – 12:00, Ayr Campus)
<b>Thur 27</b>	<b><u>Men's Head On Employee Network</u></b> (15:00 – 15:45, online meeting)
<b>Fri 28</b>	
<b>Sat 29</b>	
<b>Sun 30</b>	
<b>Mon 31</b>	<b><u>International Transgender Day of Visibility</u></b>

# APRIL

#UWSequality Make a difference

**Care Experienced  
History Month**



<b>Tues 1</b>	<b><u>Stress Awareness Month</u></b> <b><u>Premenstrual Dysphoric Disorder Awareness Month</u></b>	<b>Thur 17</b>	
<b>Wed 2</b>	<b><u>Menopause Employee Network</u></b> (15:00 – 16:00, online meeting)	<b>Fri 18</b>	<b>Good Friday</b> (Christianity)
<b>Thur 3</b>		<b>Sat 19</b>	
<b>Fri 4</b>		<b>Sun 20</b>	
<b>Sat 5</b>		<b>Mon 21</b>	<b>Easter Monday</b> (Christianity)
<b>Sun 6</b>		<b>Tues 22</b>	
<b>Mon 7</b>	<b><u>World Health Day</u></b>	<b>Wed 23</b>	
<b>Tues 8</b>	<b><u>International Romani Day</u></b>	<b>Thur 24</b>	<b><u>Equality Impact Assessment Training</u></b> for UWS employees (13:30 – 15:00, Lanarkshire Campus)  <b><u>Men's Head On Employee Network</u></b> (15:00 – 15:45, online meeting)
<b>Wed 9</b>		<b>Fri 25</b>	
<b>Thur 10</b>		<b>Sat 26</b>	
<b>Fri 11</b>		<b>Sun 27</b>	
<b>Sat 12</b>		<b>Mon 28</b>	<b><u>National BSL Day</u></b>
<b>Sun 13</b>		<b>Tue 29</b>	
<b>Mon 14</b>		<b>Wed 30</b>	
<b>Tues 15</b>			
<b>Wed 16</b>			

# MAY

#UWSequality Make a difference

**National Walking Month**



<b>Thur 1</b>	<b><u>Introduction to and Building Confidence in Equality, Diversity and Inclusion Training</u></b> for UWS employees (09:30 – 12:30, Ayr Campus)
<b>Fri 2</b>	
<b>Sat 3</b>	
<b>Sun 4</b>	
<b>Mon 5</b>	<b><u>International Day of the Midwife</u></b>
<b>Tues 6</b>	
<b>Wed 7</b>	<b><u>Menopause Employee Network</u></b> (15:00 – 16:00, online meeting)
<b>Thur 8</b>	<b><u>Let's Talk About Race Training</u></b> for UWS employees (14:00 – 16:00, Ayr Campus)
<b>Fri 9</b>	
<b>Sat 10</b>	
<b>Sun 11</b>	
<b>Mon 12</b>	<b><u>Mental Health Awareness Week</u></b> (12th – 18th)
<b>Tues 13</b>	<b><u>Recruitment Panel Chair Training</u></b> for UWS employees (14:00 – 15:30, Lanarkshire Campus)
<b>Wed 14</b>	
<b>Thur 15</b>	

<b>Fri 16</b>	
<b>Sat 17</b>	
<b>Sun 18</b>	
<b>Mon 19</b>	<b><u>Transgender Awareness Training</u></b> for UWS employees (14:00 – 15:30, Lanarkshire Campus)
<b>Tues 20</b>	
<b>Wed 21</b>	
<b>Thur 22</b>	<b><u>Men's Head On Employee Network</u></b> (15:00 – 15:45, online meeting)
<b>Fri 23</b>	
<b>Sat 24</b>	
<b>Sun 25</b>	
<b>Mon 26</b>	
<b>Tues 27</b>	
<b>Wed 28</b>	
<b>Thur 29</b>	
<b>Fri 30</b>	
<b>Sat 31</b>	

# JUNE

#UWSequality Make a difference

**LGBTQ+ Pride  
Month**



<b>Sun 1</b>	
<b>Mon 2</b>	<a href="#"><u>Carer's Week</u></a>
<b>Tues 3</b>	
<b>Wed 4</b>	<a href="#"><u>Menopause Employee Network</u></a> (15:00 – 16:00, online meeting)
<b>Thur 5</b>	
<b>Fri 6</b>	
<b>Sat 7</b>	
<b>Sun 8</b>	
<b>Mon 9</b>	
<b>Tues 10</b>	
<b>Wed 11</b>	
<b>Thur 12</b>	
<b>Fri 13</b>	
<b>Sat 14</b>	
<b>Sun 15</b>	

<b>Mon 16</b>	
<b>Tues 17</b>	
<b>Wed 18</b>	
<b>Thur 19</b>	
<b>Fri 20</b>	<a href="#"><u>World Refugee Day</u></a>
<b>Sat 21</b>	
<b>Sun 22</b>	
<b>Mon 23</b>	<a href="#"><u>World Wellbeing Week</u></a> (23rd – 27th)
<b>Tues 24</b>	
<b>Wed 25</b>	
<b>Thur 26</b>	<a href="#"><u>Men's Head On Employee Network</u></a> (15:00 – 15:45, online meeting)
<b>Fri 27</b>	
<b>Sat 28</b>	
<b>Sun 29</b>	
<b>Mon 30</b>	

# JULY

#UWSequality Make a difference

**Disability Pride Month**



<b>Tues 1</b>	
<b>Wed 2</b>	<b><u>Introduction to and Building Confidence in Equality, Diversity and Inclusion Training</u></b> for UWS employees (09:30 – 12:30, Paisley Campus)  <b><u>Menopause Employee Network</u></b> (15:00 – 16:00, online meeting)
<b>Thur 3</b>	
<b>Fri 4</b>	
<b>Sat 5</b>	
<b>Sun 6</b>	
<b>Mon 7</b>	
<b>Tues 8</b>	
<b>Wed 9</b>	
<b>Thur 10</b>	
<b>Fri 11</b>	
<b>Sat 12</b>	
<b>Sun 13</b>	
<b>Mon 14</b>	<b>International Non-Binary People's Day</b>
<b>Tues 15</b>	

<b>Wed 16</b>	<b><u>Equality Impact Assessment (EIA) Training</u></b> for UWS employees (10:00 – 11:30, online meeting)
<b>Thur 17</b>	
<b>Fri 18</b>	
<b>Sat 19</b>	
<b>Sun 20</b>	
<b>Mon 21</b>	
<b>Tues 22</b>	
<b>Wed 23</b>	
<b>Thur 24</b>	<b><u>Recruitment Panel Chair</u></b> Training for UWS employees (10:00 – 11:30, Paisley Campus)
<b>Fri 25</b>	
<b>Sat 26</b>	
<b>Sun 27</b>	
<b>Mon 28</b>	
<b>Tue 29</b>	
<b>Wed 30</b>	<b><u>International Day of Friendship</u></b>
<b>Thur 31</b>	

# AUGUST

#UWSequality Make a difference

**Eat Well Month**

<b>Fri 1</b>	
<b>Sat 2</b>	
<b>Sun 3</b>	
<b>Mon 4</b>	
<b>Tues 5</b>	<b>Let's Talk About Race Training</b> for UWS employees (10:00 – 12:00, Paisley Campus)
<b>Wed 6</b>	
<b>Thur 7</b>	
<b>Fri 8</b>	
<b>Sat 9</b>	
<b>Sun 10</b>	
<b>Mon 11</b>	
<b>Tue 12</b>	
<b>Wed 13</b>	
<b>Thur 14</b>	<b>Financial Awareness Day</b>
<b>Fri 15</b>	
<b>Sat 16</b>	

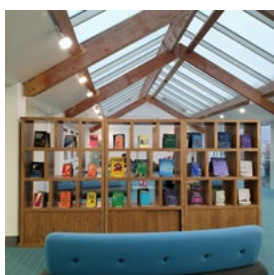
<b>Sun 17</b>	
<b>Mon 18</b>	
<b>Tues 19</b>	
<b>Wed 20</b>	
<b>Thur 21</b>	
<b>Fri 22</b>	
<b>Sat 23</b>	<b>International Day for the Remembrance of the Slave Trade and its Abolition</b>
<b>Sun 24</b>	
<b>Mon 25</b>	
<b>Tues 26</b>	<b>Transgender Awareness Training</b> for UWS employees (14:00 – 15:30, Ayr Campus)
<b>Wed 27</b>	
<b>Thur 28</b>	
<b>Fri 29</b>	
<b>Sat 30</b>	
<b>Sun 31</b>	

# Here's what we got up to last academic year...

October was a busy month for UWS! We held several events for Black History Month, Show Racism the Red Card (Wear Red Day) and Menopause Awareness Month.

For Black History Month, we hosted an online talk with the Swadhinata Trust to learn more about the history of the Bengali community in London. Later in the month Paisley Campus colleagues were treated to a Fireside Chat with Dr Khadija Mohammed and Barbara Becnel all about how to construct a socially just scholarship. The School of Computing, Engineering and Physical Sciences (CEPS) hosted a screening event of the 2016 film Hidden Figures with engineer and entrepreneur Oduwa Agboneni.

Later in the month, for Show Racism the Red Card Day, Team UWS worked together with the EDI Team and the Black and Minority Ethnic (BME) Network to host some friendly employee vs. student football matches in Paisley and London.



For Menopause Awareness Month, the Menopause Network hosted Dr Wendy Sweet of My Menopause Transformation to give an online talk all about menopause symptoms.

In November the Men's Head On Network hosted a hybrid panel discussion event online and at Paisley Campus around men's mental health and male suicide.

For Disability History Month, which runs through mid-November to mid-December, the EDI Team pinned up a poster display all the support that employees and students who have a disability can access at UWS.

After a break for winter, the Liberty Network and the Library Team marked LGBTQ+ History Month in February with several events across all five campuses including book displays, free coffee, and a book fair event at London Campus.

The HighER Network relaunched in March with guest speakers Fiona Morton (VP People and Student Wellbeing) and Stephanie Pitticas (VP Internationalisation) for an International Women's Day event.

Then, in April, we marked National British Sign Language (BSL) Day with BSL training for frontline colleagues across the University.

As we began our wind-down for summer, the Employee Networks brought the energy levels up by organising a week-long 'Keep Active' challenge in May with 58 colleagues getting involved to complete 150 minutes of activity throughout the week. And Occupational Health supported Mental Health Awareness Week by offering drop-ins across all five campuses.







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